

“But at the beginning of creation God ‘made them male and female’...Therefore what God has joined together, let no one separate.”

The Pharisees are testing Jesus to see whether or not he knows and understands the Law. Yet, as usual, Jesus asks us to go even beyond the law – the rules and regulations – to do what is most loving and caring.

Jesus emphasises how important loving relationships are for us all. We are made to be in community, not for isolation. Yet we know that today, many people are lonely and may not see another person from one day to the next.

And across the world, we can see how many people are excluded from the good things of life that others take for granted – a safe place to live, enough food, clean water and an education for their children. Yet the good things of creation are destined for all people, not for just a few.

Jesus reminds us always to act with love and to reach out our hands to help others because we are all connected. We are one global family.



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Dear Lord, Your blessed son reminds us of your unwavering love. May we too show love, compassion and solidarity to our global brothers and sisters who cry out for our help. Amen.

This reflection and prayer were written by Bronagh Daly, who works at CAFOD both in the Theology Programme and supporting volunteers in the Diocese of Leeds.